

## Try-out Tune-up Grades 10-12 July 18-19

July 18:

- Check-in: 5:30-6 pm
- 6-9 pm – Training Session
- Check-out: 9 pm

July 19:

- 5:30 pm – Gym Opens
- 6-8:50 pm – Training Session
- Closing Ceremony & Check-out: 8:50-9 pm